

# WELCOME TO ST. JOSEPH – ST. LAWRENCE PARISH

“Two Churches, One Parish”

Growing as Disciples of Jesus; Making Disciples for Jesus  
Palm Sunday of the Passion of the Lord – April 5, 2020

St. Joseph of the Valley: 31151 207<sup>th</sup> Street, (Rural) Leavenworth, KS 66048  
St. Lawrence: 211 West Riley, Easton, KS 66020  
Parish Mailing Address: P.O. Box 129, Easton, KS 66020

Father Francis Bakyor, Pastor  
Easton Rectory Phone: 913-773-5712  
Father's cell: 913-235-6837  
Father's Email: francis.bakyor@yahoo.com

Website: [www.sjslparish.org](http://www.sjslparish.org)  
St. Joseph of the Valley Hall: 913-758-9225  
St. Lawrence Hall & Fax: 913-773-8401  
“LIKE” us on Facebook for new announcements

## THIS WEEK'S SCHEDULE:

TUES	April 7	06:00 pm	STL	CANCELLED
Adoration will follow Mass until 7:30 p.m. - CANCELLED				
WED	April 8	06:30 am	STL	CANCELLED
FRI	April 10	06:30 pm	STL	CANCELLED
SAT	April 11	05:00 pm	SJV	CANCELLED
SUN	April 12	09:00 am	STL	CANCELLED

Confessions: SAT-4:30 pm at SJV; SUN-8:30 at STL- CANCELLED

**PLEASE NOTE: Archbishop Naumann has cancelled all public celebrations of the Holy Mass effective March 17<sup>th</sup> and until further notice. Please pray for the health and protection of our entire community and nation, and for an end to this crisis.**

***Please pray for the sick, especially:*** Phil Bell, Deacon Guy Berry, Susie Beying, Joe Brose, Jennifer Brushwood, Glenn Coffey, Carl Davidson, George Dean, Carolyn DeMaranville, Vince Eimer, Donald Ernzen, Tom Flack, Tina Gaspard, Ronnie Gast, Alan Halstead, Marly Heim, Richard Heim, Rita Sachse Heim, Frank Heintzelman, Jim Heintzelman, Lydia Heintzelman, Melanie Herken, Jon Highfill, Trista Highfill, Mark Hund, Arlene Jennings, Wendi Johnston, Michael Jones, Elmer Karczewski, Phillip Leon, Kelly Long, Joyce Lowe, Mary Meinert, Jeni Mettelstedt, Don Navinsky, Kay Nocktonick, Dannie Phillips, Adam Pineau, Mike Pursel, Mary M. Ruhlman, Kim Sachse, Tanner Siebenmorgen, Julie Simonis, Jim (Poly) Sloan, Gary Stafford, Aaron Welch, Louise Wistuba and Nick Yuska.

***Prayer List for Our Soldiers:*** ARMY: 1LT Daniel Broaddus, Pvt. David Crook, Lexi (Skaggs) Hargis, Major Bryan Herken, SPC Derrick Hunt, SGT Colby Seifert, William Stradley. AIRFORCE: E-4 Robert W. Herken, TSGT Scott Loecher, E-3 Connor Schuler, A1C Noah Tattershall. NAVY: ADDA Jason P. Herken, YNS1 (SS) Kevin Lansing.

***Prayer for Vocations:*** Brother Seelos (Tyler Lunsford).

## OUR PARISH NEWS

**REMINDER:** Father would like to encourage everyone to pray for the health and protection of our entire community and nation, for all our brothers and sisters who are ill, for their caretakers, doctors, nurses, medical and emergency preparedness personnel and elected officials. Should you have an emergency and need to speak with Father, you are encouraged to call him at 913-773-5712 or 913-235-6837.

Please call Father to make an appointment for Confession, if desired. We are also encouraged to go to the Church for private prayers and adoration (but no more than 10 people at a time, and observing the social distancing of 6 ft apart). St. Joseph of the Valley and St. Lawrence Church will be open and available for private visits and prayers from 9:00 a.m. to 5:00 p.m. Monday through Friday starting on Monday, March 30<sup>th</sup>. At no time shall there be more than ten persons present in the church at one time. Each person should keep proper social distance (minimum of 6 feet) from one another.

Father has also provided us his Palm Sunday letter. It is attached to this bulletin.

**MAGNIFICAT** During this difficult time, many of the faithful may be unable to attend Mass. To help you sanctify your day and to keep walking in the liturgical rhythm of the Church, the MAGNIFICAT is temporarily available to everyone for free. You may access it at [www.magnificat.com/free](http://www.magnificat.com/free) and it is also available in Spanish: [www.magnificat.com/gratis](http://www.magnificat.com/gratis).

### **A SUGGESTED PRAYER OF SPIRITUAL COMMUNION.**

Jesus, really present in the Most Holy Sacrament of the altar, since I cannot now receive thee under the sacramental veil, I beseech thee, with a heart full of love and longing, to come spiritually into my soul through the Immaculate Heart of thy most Holy Mother, and to abide with me, thou in me, and I in thee, in time and in eternity. Amen

**COLLECTION:** Thank you for your gifts to our parish! Collections received from March 23<sup>rd</sup> to March 31<sup>st</sup> totaled \$818.00. Last week's on-line collection was \$204.88. Thank you for your generosity.

### **DO YOU WANT TO DONATE and not sure how during this time?**

In Father's letter of March 24<sup>th</sup>, he wrote "I know many families are going through hard times this period. I would still like to encourage everyone to continue giving your weekly donations for the upkeep of the parish through online or mail services. God loves a cheerful giver." ***Any donations during this difficult time will be greatly appreciated.*** You can mail in your donations to: St. Joseph-St. Lawrence, P.O. Box 129, Easton, KS 66020 or deposit online by visiting our website at <https://www.sjslparish.org/home/donations> to click on the link to donate on-line! Thank you! We wish everyone good health. Blessings to all!

**BIRTHDAY CARD SHOWER:** Elmer Karczewski will be celebrating his 90<sup>th</sup> Birthday on April 15<sup>th</sup> with his immediate family. If you would like to honor him on this occasion, please send him a birthday card, letter, photos, and other good wishes, to 22068 Millwood Road, Easton, KS 66020. Happy Birthday Mr. Karczewski!

**PALM SUNDAY- SUNDAY SUPPLICATION** – Provides prayers that can be read for Palm Sunday. It will be provided on our website, in the Bulletin area. Please enjoy it.

## OTHER NEWS IN OUR ARCHDIOCESE

### **PRAYER FROM POPE FRANCIS DURING THE CORONAVIRUS PANDEMIC**

O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You, Salvation of the Roman People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial.

Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us. He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.

We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin.

### **COUPLES CELEBRATING THEIR 50TH WEDDING ANNIVERSARY IN 2020:**

The Archdiocesan 50<sup>th</sup> Wedding Anniversary Celebration is on Sunday, June 7, at 2:00 pm, at the Church of the Nativity/Leawood. To receive your invitation from Archbishop Naumann, please call the parish office and give us your name, address, phone number and date of your wedding. Please do this as soon as possible.

### **"PROTECTING HUMAN LIFE IS THE CORNERSTONE OF CATHOLIC SOCIAL TEACHING."**

"The abortion conflict has never simply been about repealing Roe v. Wade. And the many pro-lifers I know live a much deeper kind of discipleship than "single issue" politics. But they do understand that the cornerstone of Catholic social teaching is protecting human life from conception to natural death. They do understand that every other human right depends on the right to life. They did not and do not and will not give up – and they won't be lied to." - Archbishop Charles J. Chaput O.F.M

### **WE MUST UNITE OUR "HOUSE" DIVIDED**

Our Popes and Bishops have made it abundantly clear that abortion is "intrinsically evil" and the "preeminent issue" for Catholics. This means that Catholics must assign absolute top priority to oppose this evil:

"...the obligation to oppose intrinsically evil acts has special claim on our consciences and our action." Cardinal Justin Regali

This brings to mind James 2:20: "... O vain man, that faith without works is dead?" The Catholic faith is not a social club; therefore we must accept all of her teachings or be complicit in breaking God's rules. Aren't we supposed to be "one holy, Catholic, and apostolic Church"? This is America 2020 when we have many Catholic politicians who see and promote child-killing as "health care." This is simply inexcusable! We, as faithful Catholics have a duty to replace these so-called leaders who are complicit in maintaining our "culture of death."

**PLEASE NOTE** – There are a large number of other Archdiocesan announcements that could not fit in the space available. They will be posted on our church website listed above as a 2<sup>nd</sup> page to this bulletin.

Bulletin Items: Contact Kim Sachse, 913-775-0690 Or Email [Sjslparish@gmail.com](mailto:Sjslparish@gmail.com). Mass intentions may be scheduled with Kim as well. MUST SUBMIT BY 9 pm TUES FOR INCLUSION.

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**(FOR POSTING ON THE CHURCH INTERNET SITE)**

**CAMP KATERI TEKAKWITHA** combines demanding outdoor activities with powerful, spiritual instruction bringing about a unique encounter with God. Although our adventure activities are memorable, often the love that campers experience through prayer is what kids remember most. Take advantage of this amazing opportunity for your kids. For more information and to register, please visit <https://www.archkck.org/camp>

**“THE HISTORY & LEGACY OF IMMACULATA HIGH SCHOOL”** is now available for purchase from the publisher, Lulu.com. Access the link to order from Facebook pages “Forever Raiders”, “Immaculata High School Alumni” or “The History & Legacy of Immaculata High School”. Direct link is:

<http://www.lulu.com/shop/mary-ann-sachse-brown-and-marti-sachse-judson/the-history-legacy-of-immaculata-catholic-high-school-in-the-first-city-of-kansas/hardcover/product-24157407.html> This is a keepsake hardcover 120 page book with nearly 300 images. Available in color (best quality) or black and white.

**FAMILY DAY AT PRAIRIE STAR RANCH**

Prairie Star Ranch is offering you the chance to step away and enter into a day of prayer, adventure, outdoor activities, and time to reconnect. Families, friends, and communities are invited to join us on **May 3rd** from 9am to 5pm! Opportunities include Horseback Riding, Canoeing, Ropes Activities, and time for prayer. The experience will culminate with the celebration of the Holy Mass in our beautiful St. Kateri Chapel. Let us journey together on this day of Christ-centered adventure! Register online now or contact the Team at Prairie Star Ranch. [www.archkck.org/ranch](http://www.archkck.org/ranch) -- 785-746-5693 -- [psrministry@archkck.org](mailto:psrministry@archkck.org)

**CREATING FINANCIAL SECURITY FOR A LOVED ONE WITH SPECIAL NEEDS**

Tuesday, **May 5**, 2020, St. Thomas More Catholic Church, 11822 Homes Road, Kansas City, Missouri 64131

- Establishing a Special Needs Trust
- Guardianship

• The Achieving Better Life Experiences Act of 2013 (ABLE) which allows for tax-advantaged savings accounts for individuals with disabilities. RSVP to Tom Racunas at [tracunas@archkck.org](mailto:tracunas@archkck.org) or call 913.647.3054. Sponsored by the Special Needs Ministries of the Archdiocese of Kansas City in Kansas and the Diocese of Kansas City—St. Joseph Missouri

**CAMP TEKAKWITHA WOMEN'S RETREAT**

Ladies, this is a weekend for you! Here you will find the space to relax, rejuvenate and reconnect. This is a retreat for women of all ages (21+). You will find speakers that inspire you, sacraments that draw you to the heart of Christ, and fellowship with other women. Come enjoy the beauty of God's creation at Prairie Star Ranch and the gift of sharing life with other women seeking the heart of Jesus. Fri, **Apr 24** - Sun, **Apr 26** at Prairie Star Ranch. Further details and registration: <http://www.camptekakwitha-womensretreat.com>

**BEGINNING EXPERIENCE ~ Grief Support Weekend:** Beginning Experience is offering a healing weekend **April 24-26**, 2020, at Precious Blood Retreat Center in Liberty Mo. This invitation is open to men and women of all ages who have suffered the loss of a spouse through death, divorce, or separation. It is a time to heal and a time to begin anew. Reservations are required. For more information visit: [www.beginningexperience\\_kc.org](http://www.beginningexperience_kc.org) email: [register.bekc@gmail.com](mailto:register.bekc@gmail.com) or contact Laura 308-530-1873.

**FAITH IN BLOOM BENEFIT DINNER**

Join us in celebrating 75 years of the Villa St. Francis mission at the Faith in Bloom Benefit Dinner & Live Auction! Wednesday **April 29<sup>th</sup>**: 5:30 Cocktail Hour; 6:30 Dinner Program; 7:30 Award & Auction. Reserve your ticket today! Archbishop Naumann will be presenting the annual Archbishop Joseph F. Naumann Sanctity of Life Award to the Servants of Mary, Ministers to the Sick, in honor of their dedication to promoting the dignity of life through their end-of-life ministry. If you or someone you love has been impacted by the Servants of Mary, Ministers to the Sick, (also known as the Sisters, Servants of Mary), and would be interested in helping us honor them by sharing your story, let us know by replying to this email by Friday, March 6th.

**AMAZING PARISH:** Registration is filling fast for the upcoming Amazing Parish Conference hosted by our Archdiocese on **Oct. 19-21<sup>st</sup>** at the Overland Park Convention Center. Parish teams from around the country have already signed up to take part in this valuable training! Register Here: <https://amazingparish.org/>

What does an Amazing Parish look like? If you're ready to build an effective leadership team and improve the organizational health of your parish, we hope you'll join us. Amazing Parish gives busy pastors and their teams the tools they need to transform their parishes - moving from maintenance mode to mission communities that are truly alive! For more information : Parish Journey – A Pastor's First Steps, <https://amazingparish.org/get-started/#firststeps> or call the Office of Evangelization at 913-721-1570

**FAITH-BUILDING AND EVANGELIZATION OPPORTUNITIES**

Benedictine College is pleased to offer a number of opportunities for faith-building and evangelization:

**Study Abroad Experience:** Attention, Parents and Grandparents! Do you know a high school student who would benefit from a once-in-a-lifetime short-term study abroad experience with Benedictine College? Students earn 3 hours of college credit while traveling with a Benedictine College professor to Italy **June 26 – July 16, 2020**. Highlights include a general audience with Pope Francis, guided visits to Rome, Assisi, Florence, Padua, Ravenna, Verona, and Milan. Register by December 1 to save

\$500! Learn more and submit an inquiry form at [www.benedictine.edu/journeywithdante](http://www.benedictine.edu/journeywithdante).

**Faith & Beauty in Italy** - You are invited to travel with Benedictine College to Italy **June 15 – 24**, 2020 with Associate Professor of Theology Dr. Matt Ramage. Visit the most significant cultural sites in Rome and Florence. Walk in the footsteps of St. Benedict and St. Francis in Subiaco and Assisi. Meet current Benedictine College students at their summer villa in Florence. Learn more and submit an inquiry form at <http://www.benedictine.edu/ravendiscovery>.

**Opportunity for College Students and Adult Learners** – Benedictine College Professor of Theology Dr. Mark Zia will lead a two-week Holy Land Study Abroad Summer Program **May 31 – June 14, 2020**. Earn 3 credit hours while traveling to Bethlehem, Galilee, Jerusalem, and other sites. Learn more and submit an inquiry form at <http://www.benedictine.edu/holyland>.

**NEW END-OF-LIFE RESOURCE GUIDE IS NOW AVAILABLE**

The Ethics Council that serves Archbishop Naumann has produced a comprehensive resource for end-of-life planning titled “Catholic Guide For End-Of Life and Establishing of Advance Directives”. The purpose of the guide is to assist the faithful in making wise decisions about complex treatments in grave illness or as life's end approaches in accordance with the teachings of our Catholic faith. It also includes two Appendices for a Durable Power of Attorney and an Advance Directive form. For a free digital copy of the Guide, visit [www.archkck.org/prolife-end-of-life-care](http://www.archkck.org/prolife-end-of-life-care).

*Palm Sunday celebration Year A (4/5/2020).*

*Texts: First Reading. Isaiah. 50: 4-7*

*Second reading. Phil. 2:9*

*Third Reading. Mt. 26:14-66 or 27:17-54*

**Dear brothers and sisters,**

**Warm greetings to you all. I hope you are all staying safe. My prayers are for you all and your love ones. Keep the faith and be strong in these hard times. Continue to observe the guidelines and restriction given to guide us to prevent the infection of the Virus. Keep on praying to the lord to intercede for us to end this pandemic deadly disease. Keep us through Lord Jesus all the days of our life.**

**This year many Christians will miss the great celebrations of our Christian Faith, the beautiful liturgical celebrations of Palm Sunday, the Holy week celebrations of Holy Thursday, Good Friday, Holy Saturday (Easter Vigil) and Easter Sunday. We are forced by the events prevailing around the whole world, the rapid spread of the Coronavirus pandemic disease. The word of God gives us more consolation and comfort in these trying situations.**

**Palm Sunday is the final Sunday of Lent, the beginning of Holy Week, and commemorates the triumphant arrival of Christ in Jerusalem, days before he was crucified.**

**Palm Sunday is known as such because the faithful will often receive palm fronds which they use to participate in the reenactment of Christ arrival in Jerusalem. In the Gospels, Jesus entered Jerusalem riding a young donkey, and to the lavish praise of the townspeople who threw clothes, or possibly palms or small branches, in front of him as a sign of homage. This was a customary practice for people of great respect.**

**Palms branches are widely symbol of peace and victory, hence their preferred use on Palm Sunday.**

**The use of a donkey instead of a horse is highly symbolic, it represents the humble arrival someone in peace as opposed to arriving on a steed in war.**

A week later, Christ would rise from the dead on the first Easter. During Palm Sunday, palms are distributed to parishioners who carry them in a ritual procession into church. The palms are blessed and many people will fashion them into small crosses or other items of personal devotion. These may be returned to the church, or kept for the year.

Because the palms are blessed, they may not be discarded as trash. Instead, they are appropriately gathered at the Church and incinerated to create the ashes that will be use in the follow year's Ash Wednesday observance.

The colors of the mass on Palm Sunday are red and white, symbolizing he redemption in blood that Christ paid for the world.

Christ did not die to remain in the grave forever. He died to rise again in glory. He who has learnt to win victory through suffering will not abandon us in our time of suffering, as the prophet declares in the first reading, "The Lord God helps me; therefore I have not been disgraced, and I know that I shall not be put o shame" (Is.50:7)

In these hard, difficult, confused, stressed and trying times let us resort to Lord in fervent prayer asking him for mercy and pardon for sins, and pleading with him to end the Coronavirus pandemic. Through out the week let each and everyone of us, find some time to pray: Our Father, the Hail Mary, and the Glory be to the Father.

Let us also continue to fulfill our financial commitments to our parish by the weekly donations.

My prayers are with you all. Stay Blessed and safe. I will keep you updated with the Archdiocese Updates concerning Guidelines and restrictions on the Coronavirus pandemic.

Fr. Bakyor Francis

The following resources are provided for your enjoyment/spiritual growth:

## **PARISH OVERVIEW**

**PRAYER:** [www.catholic.org](http://www.catholic.org)

Over and over we hear in the Bible the words of Jesus “do not be afraid” (Mark 5:36). Prayer helps us to put our worries and anxieties in perspective and connects us as a Catholic people to God our Father and to each other. During this time, spend some extra time in prayer.

**FOCUS ON THE WORD:** [www.usccb.org/bible/readings](http://www.usccb.org/bible/readings)

The Word of God is the Word of Life. Encourage your parishioners to develop the habit of reading the Scriptures on a daily basis. Encourage them to practice lectio divina, which is the ancient art of prayerful and contemplative reading of the Bible.

**THE MASS:** The Mass is the source and summit of our Catholic faith. It is our best spiritual nourishment during times of crisis. As many parishes enact policies to limit social contact, livestream options where you can watch the Mass are one way that you can participate in the Mass remotely.

**LIVESTREAM MASS:** Since Mass is currently unavailable to the public, many priests, parishes and organizations are using technology to bring Mass to you. Here are a few, but there are many, many more on Facebook Live and You Tube.

DAILY MASS WITH ARCHBISHOP NAUMANN: <https://www.facebook.com/archbishopnaumann>

MASS FROM ST. BENEDICT’S ABBEY IN ATCHISON: <https://www.youtube.com/user/KansasMonks>

DAILY MASS WITH THE HOLY FATHER, POPE FRANCIS: <https://www.vaticannews.va/en/pope-francis/mass-casa-santa-marta.pagelist.html>

DAILY MASS WITH BISHOP ROBERT BARRON: <https://www.wordonfire.org/daily-mass/>

THE DAILY READINGS: <http://www.usccb.org/calendar/index.cfm?showLit=1&action=month>

## **STATIONS OF THE CROSS**

During Lent we traditionally pray the Stations of the Cross on Fridays, but they can be prayed anytime and anywhere.

The Stations of the Cross give us a small glimpse of what Jesus went through as he carried his cross through the streets of Jerusalem to Calvary. Meditating on these event can help us to unite our sufferings in the world with Christ’s sufferings in a prayerful manner.

Ideas for making your own set of Stations. Can be found on Pinterest

Options to Pray Online:

Church of the Nativity-Leawood <https://www.youtube.com/watch?v=P1W73oT05UA&feature=youtu.be>

Stations of the Cross throughout the Archdioceses: [https://vimeo.com/209951638?fbclid=IwAR2L0HfYU-bz-JW88Tw7dx9cZ2SxsTZp9XUy1OEOGloTaYGKQU\\_skd0vuUI](https://vimeo.com/209951638?fbclid=IwAR2L0HfYU-bz-JW88Tw7dx9cZ2SxsTZp9XUy1OEOGloTaYGKQU_skd0vuUI)

Catholic Online: gives a brief history of Stations before praying them. Uses images from Jerusalem. [https://www.youtube.com/watch?v=wW1t7M8HKT8&autoplay=1&list=PL58q24NgWPlz8ajwy88V\\_FBcJTB61w5Gk](https://www.youtube.com/watch?v=wW1t7M8HKT8&autoplay=1&list=PL58q24NgWPlz8ajwy88V_FBcJTB61w5Gk)

## **HOLY WEEK AT HOME:**

Palm Sunday (April 5th) is the sixth Sunday of Lent, the last Sunday before Easter and the first day of Holy Week. It commemorates Jesus’ entry on a donkey into Jerusalem when his followers shouted “Hosanna” and laid palm branches on the path before him.

Door Decoration Idea: [https://thedeaconsbench.com/a-beautiful-idea-for-palm-sunday/?fbclid=IwAR01t4ZHRouul-3YRbthsCK\\_RVjrykSpBduXrk2iSUhxTnl6SHHilPmCMc](https://thedeaconsbench.com/a-beautiful-idea-for-palm-sunday/?fbclid=IwAR01t4ZHRouul-3YRbthsCK_RVjrykSpBduXrk2iSUhxTnl6SHHilPmCMc)

Holy Thursday, (April 9th) also called “Maundy Thursday,” commemorates the Last Supper Jesus had with his Twelve Apostles. Christians recall four significant events on this day: the washing of the Disciples’ feet by Jesus, the institution of the Holy Eucharist at the Last Supper, the agony of Christ in the Garden of Gethsemane and the betrayal of Christ by Judas Iscariot.

Good Friday (April 10th) recalls Jesus’ death on a cross at Golgotha. The Church mourns for Christ’s death, reverences the Cross, and marvels at his life for his obedience until death. The only sacraments celebrated on this day are Penance and Anointing of the Sick. Stations of the Cross are typically prayed at 3 p.m., which is the time it is believed Jesus died. Catholics fast (1 main meal, 2 lesser meals & no meat) on this day.

Holy Saturday (April 11th) commemorates the day that Jesus’ body lay in the tomb. It is the day after Good Friday and before Easter and is the last day of Holy Week.

Easter Sunday (April 8th) is the most important day in the Christian liturgical year! It is the day Jesus rose from the dead, fulfilling Old Testament prophecies and His own promises about His divinity. Easter also begins the Easter Season, which lasts 40 days and ends on Ascension Thursday (moved to Sun.), the day Jesus ascended into heaven.

**GIVING:** Many parishes operate with slim budgets and coordinate essential services for us such as funerals, First Communion celebrations, baptisms, and weddings. Continue your giving during this time, either by mailing in your donation to the parish or exercising an online giving option if available.

You can mail in your donations to: St. Joseph-St. Lawrence, P.O. Box 129, Easton, KS 66020 or deposit online by visiting our website at <https://www.sjsparish.org/home/donations> to click on the link to donate on-line! Thank you!

**REACH OUT SAFELY:** The Catholic Church is an important source of support for those who are struggling, marginalized, and vulnerable. As disciples, we are called to reach out to those who need help and support. As we practice social distancing during this time, call elderly neighbors, those who are lonely, and families with young children.

## **PARENTING RESOURCES**

Discipleship is rooted in the home. Parents, take this opportunity to incorporate some of these practices into your family to grow in faith:

• **RELATIONSHIP WITH CHRIST:** Enjoy the change of schedule and take a moment to build your own relationship with Christ through prayer, reading the Scriptures, and praying the rosary.

• **INTENTIONALITY:** This downtime is a great way to learn something new about your child and find a way to love them in what interests them. A great tool is the 5 Love Languages of Children. There are books and online quizzes you can read to discover more about what your children loves so you can be intentional in your time together. [www.5lovelanguages.com/profile/#discovery-child](http://www.5lovelanguages.com/profile/#discovery-child)

• **AVAILABILITY:** Make memories over these next few days that will last longer than the memory of this virus. Turn off all media for a little while and enjoy some simple time together by baking, playing games, doing an activity, etc. Sharing time together and being present to one another can quickly bring peace and joy to any situation. “If you want to bring happiness to the whole world, go home and love your family.” - Saint Teresa of Calcutta

• **OPENNESS:** It is in adversity that we can teach our children how best to trust in God’s care. Take the time to pray for those who are affected by the virus, create an intention list, read the lives of the saints together, or watch a spiritual movie/ program. These acts of faith will help you and your children better cope with any stress that may come. “Faith is the assurance of things hoped for, the conviction of things not seen.” - Hebrews 11:1

• **MAKE THE MOST OF THIS TIME TOGETHER:** These are the days to create happy and lasting memories in your home and grow in your relationships. Once the disruption of the virus has passed, the happiness created together in these moments will endure. “So now faith, hope, and love abide, these three; but the greatest of these is love.” - 1 Corinthians 13:13

MAINTAINING MENTAL HEALTH – tips for kids and teens mental health during this pandemic:

[https://www.drstevesilvestro.com/pediatricians-tips-for-kids-teens-mental-health-during-](https://www.drstevesilvestro.com/pediatricians-tips-for-kids-teens-mental-health-during-coronavirus?utm_campaign=The%20Culture%20Translator&utm_source=hs_email&utm_medium=email&utm_content=85338140&hsenc=p2ANqtz-Bah9w8-)

[coronavirus?utm\\_campaign=The%20Culture%20Translator&utm\\_source=hs\\_email&utm\\_medium=email&utm\\_content=85338140&hsenc=p2ANqtz-](https://www.drstevesilvestro.com/pediatricians-tips-for-kids-teens-mental-health-during-coronavirus?utm_campaign=The%20Culture%20Translator&utm_source=hs_email&utm_medium=email&utm_content=85338140&hsenc=p2ANqtz-Bah9w8-)

[Bah9w8-](https://www.drstevesilvestro.com/pediatricians-tips-for-kids-teens-mental-health-during-coronavirus?utm_campaign=The%20Culture%20Translator&utm_source=hs_email&utm_medium=email&utm_content=85338140&hsenc=p2ANqtz-Bah9w8-)

[ksF7mNllrkTDPvIGxevgxJYLXKF4X2RKPzO474SISiTLq9apfgQtyPaSgUGRZ\\_SH9Rf0aqrWU1E2TX6dDeeR48S1\\_dlGA0Yw53WWeGDW&](https://www.drstevesilvestro.com/pediatricians-tips-for-kids-teens-mental-health-during-coronavirus?utm_campaign=The%20Culture%20Translator&utm_source=hs_email&utm_medium=email&utm_content=85338140&hsenc=p2ANqtz-Bah9w8-)

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ROY PETITFILS – resources for helping teens: <https://roypetitfils.com/#>

NATIONAL FEDERATION FOR CATHOLIC YOUTH MINISTRY: great resources for youth ministers as well as parents of teens:

<https://nfcym.org/covid19/>